

Experiences › Routes › Europe › 15 days

ITINERARY

Five countries, one city in each

Fifteen days, five countries, one single city per country and **one day per country decided by the institution that brings the group**. It is the route with the fewest moving pieces of them all: five stops, four flights, no trip outside the city, and a third of the time left free for whoever knows their students better than we do.

Fact sheet

01

DAYS	15
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COUNTRIES	Italy, Germany, the Netherlands, Denmark, Finland
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CITIES	Milan, Berlin, Amsterdam, Copenhagen, Helsinki
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RECOMMENDED SEASON	January
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GROUP	12 to 15 participants; above 15 the route changes, and how is written further down
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LANGUAGE OF THE VISITS	English at all five main sites; German available in Berlin
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SCHENGEN DAYS USED 15 out of 90, counting the day of entry and the day of exit

PRICE Quotation on request

→ **Request a quotation · Download the itinerary in PDF**

In the quotation we write which sites are confirmed and which are being confirmed, one by one, and we also write down the free day in each country, with the options we can cover.

The map, described

02

A line going up, straight. It starts in Milan, in the middle of the continent, and climbs in five stops to the Gulf of Finland: Milan, Berlin, Amsterdam, Copenhagen, Helsinki. One city per country, three days each, four flights inside Europe and no trip outside the city. The line neither doubles back nor crosses itself: each flight lands further north than the last, and the return is bought from Helsinki. **It is the simplest possible geometry across five countries**, and that is the main reason this variant exists.

The route, country by country

03

Country	Days	What you visit	The free day	Next transfer
Italy, Milan	3	ADI Design Museum (bookable, closed on Fridays) · La Centrale dell'Acqua (bookable, closed Tuesdays and Thursdays) · Fondazione Pirelli (on request)	the third, if the three sites fit into two days	flight to Berlin

Germany, Berlin	3	EUREF-Campus (<i>bookable, groups of up to 15</i>) · Startup SAFARI, three to five startups chosen according to the group's subjects (<i>on request</i>)	the third	flight to Amsterdam
The Netherlands, Amsterdam	3	Heineken Experience (<i>bookable</i>) · one guided working session	the second	flight to Copenhagen
Denmark, Copenhagen	3	BLOXHUB (<i>on request; its public form lists students among the types of delegation</i>) · Danish Architecture Center (<i>bookable</i>)	the third	flight to Helsinki
Finland, Helsinki	3	Maria 01, private visit (<i>on request</i>) · Startup Sauna, student hub (<i>on request</i>) · A Grid, the Aalto campus (<i>on request</i>)	none: the last day is the final presentation	return

The free day is not empty time, and it is the reason this variant exists. In four of the five countries one of the three days is left at the disposal of the institution that brings the group: it serves for a meeting the association already has booked, for a visit it wants to organize on its own, for a university it has a relationship with, or simply for one more working session. We keep it free, we coordinate it and we write its program, but **the content is decided by whoever buys**. None of the other three variants does this.

Schengen days used: 15

04

This route uses up **15 of the 90 days** a Mexican national may spend in the Schengen area within a 180-day period without a visa. **Every** day of stay counts, including arrival and departure, and the count is **cumulative across the whole area**: the five

countries on this route are all inside Schengen, so the fifteen days add up to each other and add to any earlier trip by the same participant in the last six months.

Since **10 April 2026** the European entry-exit registration system has been fully operating at all external crossings of the 29 countries that use it: the count no longer depends on passport stamps. The European Commission provides an **official calculator of available days**, public and also in Spanish; you need to know that it does not count stays begun before 10 April 2026.

Anyone who traveled to Europe recently may not have fifteen days available, and that check is made before the group is enrolled, not at the desk. → **Visa and residence permit**

What changes with 15 and what changes with 30 participants

	15 participants	30 participants
Berlin, EUREF-Campus	The whole group goes in, on one single visit	The campus takes up to 15 people per visit: two visits at different times are needed, and half the group spends the morning somewhere else
Berlin, Startup SAFARI	It is the ideal size the format declares, between six and fifteen	It is above the range: the sessions are split in two or the conversation is lost, and the conversation is the value
Copenhagen and Helsinki	Delegations of this size are the format those hubs routinely receive	A delegation twice the size has to be negotiated, and none of the sites publishes a ceiling: the risk is finding out late
Amsterdam, Heineken Experience	No group discount	It is the only site on the route that rewards a large group: the discount applies above twenty people

The free day	It can be used for a real visit, because fifteen people get in almost anywhere	It is the first thing lost: with thirty, the doors that open at the last minute are far fewer
Flights and hotels	Ordinary booking	One or two more group fares, but it rarely makes up for the double shifts
Cost per person	It is the lowest point on the curve	It does not go down, and on some lines it goes up , because double shifts stretch the days and cost guides, transfers and time

Above 15 we do not sell the same route cheaper. We sell a different route, built on sites with larger capacity, and we write it in the quotation instead of discovering it along the way.

The fallback plan for the transfers

06

Four flights in fifteen days are four chances for something to fail. The rules we build the calendar with are four and they are written into the program handed over.

- 1. The calendar is built backwards from the constraints, not forwards from the flight dates.** Here the constraints are three and all of them Italian or German: the Milan design museum closes on Fridays, the Milan water plant closes on Tuesdays and Thursdays, and the Berlin campus visit has the lowest capacity on the whole route, so it is booked first. Those first, then the flights.
- 2. No visit on the day of a flight, and never in the morning.** Each transfer takes up the first half of the day, and that day's visit is in the afternoon, in the city of arrival. If the flight moves, you lose half a day and not a site.
- 3. The free day is also the reserve day.** It is the hidden advantage of this variant: in four of the five countries there is already a day without bookings, and a delay is absorbed there without losing anything. On the other variants that day does not exist.

4. **The overland alternative is checked when quoting, not along the way.** For each of the four transfers the program states which alternative connection is available in that month and how long it takes, with the warning that the last leg towards Finland is the one with the fewest alternatives.

And one rule that falls on us: the person from the Istituto traveling with the group has the mandate to rewrite the day on the spot, informing the institution's office the same day.

What is included and what is not

07

Included: admissions and visits to the confirmed sites, the booking and coordination with all of them including the coordination of the free days, the guided working sessions in each country, the materials, one person from the Istituto with the group for all fifteen days, the final report handed to the institution that brings the group and the certificate of participation.

Not included: the intercontinental flight, the four internal flights and the overland transfers, lodging, meals, urban transport, travel insurance, which is compulsory and paid by whoever travels (the accident and public liability cover for the activities is taken out by us).

The season, and why January

08

Like every variant of the European route, this one is meant **for January**, and it is not an emergency fallback. All five stops are urban, indoors and with short distances inside each city; none of them depends on the weather, the farming season or a mountain road. In January the cities of northern Europe work at full pace while tourism is at a standstill, which means available counterparts and lower accommodation costs.

Two warnings we give first: **the Berlin campus walk takes place largely outdoors**, and in January two hours outdoors in Berlin are prepared for with the right clothing; **in Copenhagen and Helsinki the hours of daylight in January are few**, and in those two cities the itinerary is built around the hours of daylight and not around waking hours.

The **Italian** experiences in the catalog, by contrast, are almost never sold in January. The reason, month by month, is on the **Seasons** page.

Cover

09

The program includes an accident and public liability policy for the whole stay. The sums insured, the insurer and the policy number are published once it is taken out and are attached to the contract; until then they can be requested in writing, with an answer within two working days.

Do you want it to count as training, with a certificate? This route can be built as an Istituto program, with classroom hours in each country, a piece of work delivered at the end and a certificate of attendance. → **For groups**

→ **Request a quotation**

Related routes

10

Five European business models, compared (15 days, **the variant we recommend**) · Where things are actually made (18 days) · Six countries, and a meeting with the person who designs (20 days)

What changes compared with the other three

11

This page exists because it answers one precise question better than the other three: **«can we fit in a day of our own?»**

	This one (A)	The recommended one (D)	Where things are actually made (B)	Six countries (C)
Days	15	15	18	20

Transfers	4 flights	4 flights, 2 one-day trips	4 flights, 1 train, 2 trips	5 flights, 1 train, 3 trips
Working factories	none	none	one	one
Days decided by the institution	four	none	none	none
How it reads in the office	a study trip with an open program	a program , five business models compared	an industrial program	a long program

You choose this one if the association already has contacts of its own in Europe, if it wants to add a meeting with a university or a company it knows, or if it prefers to buy a solid structure and fill it in itself. It is also the variant with the fewest things that can go wrong, and therefore the one that can be organized in the least time.

You choose D, which we recommend, if the aim is to bring the international programs office a document that reads as a training program and not as a trip: same geography, same days, but each country has a subject and the subject is the content. It costs exactly the same as this one.

You choose B if the first question the office is going to ask is «did you visit factories or just museums?».

You choose C if the group wants the thing you tell people about when you get back, and has five extra days and an extra budget.

 Istituto Belmonte	MAIN	INSTITUTIONAL
BHBlasted S.r.l. Società Benefit	Programs	The Institute
P.IVA 08466861211 · REA NA 960178	Experiences	Transparency
PEC (Italian certified email) not yet published	For groups	The certificate
Nola (NA), via Boscofangone zona ASI	Admissions	The method
lotto C8	Visas	Who teaches

Caserta (CE), via Paul Harris 63

Locations

Monday to Friday 9–18 CET

For groups

Contact

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<https://istitutobelmonte.com/en/experiences/routes/five-countries-one-city-each/>

This program does not lead to a qualification with official value.

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